



# MoveA Thon



## Friday, May 29th

A MOVE-A-THON provides movement activities for the whole school community allowing each student to choose how they move! Students will be completing a variety of movement stations including a walk on the Galloping Goose, Karate with Canada's Best Karate or Cheerleading with Island Elite Cheerleading and other fun-filled, movement based, activity stations.



### Goals of Move a Thon

1. Have FUN!
2. Encourage physical movement of any kind
3. Raise funds for Happy Valley PAC

### Prizes!

Top Primary and Intermediate classrooms will win a pizza party before the end of June.

If the entire school raises over \$8000, all students will earn an extra recess before the end of June.



### Bonus Prize!

If the school raises over \$10,000 Ms. Laidlaw and Ms. Dailey have bravely agreed to suit up in giant, inflatable donkey and chicken costumes for a hilarious dance performance for the whole school to enjoy!



### How Can You Help?

You can donate and/or help your student collect donations! Pledge sheets and donations will be collected at the school from May 12 -29 or donate here!

<https://happyvalley.hotlunches.net/>

Volunteer at the Event!

- Crossing Guards
- Treat Station
- Set-Up and Take-Down



This event needs support from the Happy Valley Community to run smoothly and successfully! Sign up through the QR code. <https://volunteersignup.org/F9J48>

