

What's coming up this week at Happy Valley...



Monday	Tuesday	Wednesday	Thursday	Friday
April 22	April 23	April 24	April 25	April 26
Earth Day				Royal Bay Bakery Hot Lunch

Thank You— for joining us on Thursday for conferences. It is so great to see students sharing their learning with family.

<u>Childhood Anxiety Resources—</u>Below is a link to some helpful resources for parents and caregivers who are dealing with childhood anxiety. Social psychologist and author, Jonathan Haidt, joins Dr. Becky to discuss his new book The Anxious Generation. In this powerful episode, they talk about the impact of phones, social media, and the decline of play on our kids' mental health. But Jonathan also offers hope that we can end the epidemic of mental illness, end phone-based childhood, and restore a more humane childhood.

https://open.spotify.com/episode/18QNJYJc2AlVrzgDKhfyyz?si=TnaLgbnBTqezHkuXzmeA1g

Student Arrival at School—Students should not be dropped off and left unattended at school before 8:20am. Only those students who arrive by bus may be on school grounds before 8:20 am without a parent or caregiver.

<u>Parking</u>—There is NO drop off line in the staff/visitor parking lot. The drop off lineup is for drop off only, it is not a parking lot and will be monitored by staff to ensure traffic is moving. This is for the safety of all students and visitors. Also, please refrain from parking in assigned staff parking spaces. Staff need access to those spaces and may need to park behind any cars that are occupying them. This may result in a parent/caregiver vehicle being stuck in the staff lot until recess.

<u>Visitors to Happy Valley</u>— a reminder to parents and caregivers that you <u>must check in at the office</u> if you need to enter the building at any time during the school day. This is an important part of our safe school plan.

Early Pick-ups for appointments: Please email your child's teacher to advise them of the date and time of the pick up and make sure to sign them out of the office when you come to pick them up. Students in Kindergarten, Grade 1 and 2 will be outside playing from 11:48 to 12:28. Students in Grades 3, 4 or 5 will be outside from 12:28 to 1:08

<u>Illness</u>: Thank you for keeping your child home when they are sick. We are working hard to keep our staff and student population healthy.

Upcoming Dates:

May 17—Pro-D—NO School May 20 Victoria Day—NO School May 31—Happy Valley Move-a-thon Fundraiser

Hot lunch

Hot lunch is organized by the HV PAC Volunteers. Please visit happyvalley.hotlunches.net to order. If you have any questions about Hot Lunch please contact the HV PAC at happyValleyPAC@qmail.com.

May 3 - Panago Pizza - Cut off April 26th May 10th - Subway - Cut off May 3rd May 24th - Kernels Popcorn—Cut off May 17th June 14th - Kernels Popcorn—Cut off June 7th June 21st - Panago Pizza—Cut off June 14th

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